

Items and requirements of the TMPT 2019

Requirements

To be eligible for the TMPT Cross introduced by the KVNRO or – if the participant has already earned one or more in the past – for a number in silver to be mounted on the medal ribbon, the team must meet the following requirements:

- The course A and B assignments must be completed in one day within 10 hours
- The course C and D assignments must be completed within 10 hours on the other day

The sequence of the assignments to be completed, including whether they are to be completed on the first or the second day, varies per team.

In the TMPT there are two courses known namely: Seniors (S) and Veterans (V). The requirements of course V are less heavy.

Participation in Course V is only allowed for:

- a. Two males of 45 years or older
- b. One male of 45 years or older together with a female
- c. Two females

In case of a registration of a combination of two women aged 45 or older a third category will be added; V +.

Every other combination follows automatically course S.

It is a 'V and V+ team' allowed to participate in the S-trail. This wish has to be made known to the organization.

A1: Moving by bicycle

Movement by bicycle along an assigned route as laid out on a plotted copy of a military map past assignment stations. The course for category S is approximately 85 km. The course for category V is approximately 75 km.

A penalty of 45 minutes will be added for each checkpoint missed. By using a unauthorized bike the TMPT Committee may disqualify him/her from further participation.

Note: assignment B6 is situated on the course A1.

A2: Map reading by kayak

Map reading by two-person kayak along a pond and/or canals over a distance of approximately 1,5 -2 km. An assignment must be completed during the course.

Each missing checkpoint results in a penalty of 20 minutes being added to the time.

When kayaking, follow the safety instructions of the supervising personnel on the route to be taken/avoided. If you do not follow this instruction, you risk a time penalty of 15 minutes.

A3: Survival course.

A survival course which exists of rope relating obstacles.

The survival course consists of several obstacles:

- Swing over
- Cat crawl
- Horizontal tire swing course (flexible ladder, tire swing, rope climb down)

- Climbing beams and swing-over (flexible wooden climb ladder)
- Combination obstacle 2 (cat crawl, net swing over, cat crawl, komeinibridge (= vertical flexible ropes)
- Belly buster

The obstacles should be approached in a obligatory way in accordance to the indications in the description of the parts.

The requirements for the S-course: completing the entire survival course within 4 minutes and 30 seconds.

- If a time score between 4.30 and 5.30 minutes is achieved, participants must complete a penalty run of 1 km.
- If a time score between 5.30 and 6.30 minutes is achieved, participants must complete a penalty run of 2 km.
- If a time score of more than 6.30 minutes is achieved, participants must complete a penalty run of 3 km.

The requirements for the V-course: completing the entire survival course within 5 minutes and 30 seconds.

- If a time score between 5.30 and 6.30 minutes is achieved, participants must complete a penalty run of 1 km.
- If a time score between 6.30 and 7.30 minutes is achieved, participants must complete a penalty run of 2 km.
- If a time score of more than 7.30 minutes is achieved, participants must complete a penalty run of 3 km.

In case of a V+ team; they don't have to do the last swing-over.

A4: National obstacle course.

The national obstacle course consists of:

Rope ladder	Oblique horizontal elong
Trip wire	Sloping wall with rope
Network of wires	Climbing frame
Balance beam	Assault wall
Windows	Ford
Horizontal beams	Pit
Irish table	Spring locks
Sewer pipes	

The requirement is to complete the national obstacle course as by Royal Army Regulations within 6 minutes, V-Course within 5 minutes 30 seconds, with the exception of three obstacles. Each team must carry a standard ammunition box of 16 kg from the start to the finish. (women's teams 13 kg / V+ team 10 kg) The box must take the same path as the participants and must not be thrown.

Category S: 12 obstacles (Not: Oblique–horizontal, Washboard and Fordable place)

Category V: 10 obstacles (Not: Oblique–horizontal, Washboard, Fordable place, Chain ladders and Swedish climbing frame)

The requirements for the S-course: completing the obstacle course within 6 minutes

- If a time score between 6 and 7 minutes is achieved, participants must complete a penalty run of 1 km.

- If a time score between 7 and 8 minutes is achieved, participants must complete a penalty run of 2 km.
- If a time score of more than 8 minutes is achieved, participants must complete a penalty run of 3 km.

The requirements for the V-course: completing the obstacle course within 5 minutes and 30 seconds.

- If a time score between 5.30 and 6.30 minutes is achieved, participants must complete a penalty run of 1 km.
- If a time score between 6.30 and 7.30 minutes is achieved, participants must complete a penalty run of 2 km.
- If a time score of more than 7.30 minutes is achieved, participants must complete a penalty run of 3 km.

A5: Speed march

A rapid march of 3 km in 19 minutes, after which participants must rest for 10 minutes. For course V applies a demand of 21 minutes. For the V+ team 23 minutes

If the requirement is not met, participants must complete a penalty run of 1 km.

B6: Orientation track in rough terrain

Completing an orienteering course on foot across approximately 9 km of terrain country, following a route of points plotted on an orienteering map scale 1:10.000.

A compass brought by the participants may be used. GPS hardware or other electronics are forbidden.

A penalty of 15 minutes will be added for each checkpoint missed or false.

Note: assignment B6 is situated on the course A1.

C7: Map-reading task by bicycle

Completing a map-reading assignment by bicycle using a list of coordinates and a military map on which the teams must plot the coordinates themselves. After plotting the team is free in their own choice to determine the best route to reach each coordinate. The teams have to equip themselves with a map 1:50.000 goniometer.

- The course for category S is approximately 60 km.
- The course for category V is approximately 50 km.

Participants should answer a question on each coordinate. A penalty of 15 minutes will be added for each incorrect answer and 20 minutes penalty for each checkpoint missed.

Each answer must be filled in immediately in the corresponding box at the coordinate of the question.

When the previous boxes turn out not to be filled in at a check on a checkpoint, then these questions will be marked as incorrect.

Any change to a given answer makes the answer invalid and consequently incorrect. GPS hardware or other electronics are forbidden.

C8: Throwing hand grenades.

During the map-reading assignment by bicycle, accuracy throwing with throwing weights must be completed. The throwing weights of 550 grams (for both men and women, the V+ team 350 grams) should be thrown in standard rings from 15 and 20 metre distance. The inner ring has a diameter of 2 metres. The outer ring, which lies around the inner ring, has a diameter of 4 metres. The spot that the weight hits first, counts. Five throwing weights per participant.

Preparative the participants are in the possibility to do some throwing trials with the weights.

Scoring:	Outer ring	Inner ring
15 metres	1 point	2 points
20 metres	2 points	3 points

A minimum of 18 points must be achieved per team.

If 16 or 17 points are achieved, participants must complete a penalty run of 1 km.

If 14 or 15 points are achieved, participants must complete a penalty run of 2 km.

If 13 or fewer points are achieved, participants must complete a penalty run of 3 km.

C9: Estimating distances.

When at the checkpoint during the map-reading assignment by bicycle, the distance to a specific object must be estimated.

A time penalty of 20 minutes will be added for answers outside the pre-stated margins by 20%. The use of maps is not permitted.

C10: Speed march.

A rapid march of 3 km in 19 minutes, after which participants must rest for 10 minutes. The demand for course V is 21 minutes. For the V+ team 23 minutes.

If the requirement is not met, participants must complete a penalty run of 1 km.

D11: March

Route according a coloured staff map 1:50.000.

The distance for category S is approximately 25 km.

The distance for category V is approximately 20 km.

A penalty of 45 minutes will be added for each checkpoint missed.

D12: Shooting test.

During the march, a weapons-firing test will be completed. Participants can choose between:

Colt C7 with optical sight	10 shots in 25 seconds at a torso target at 200 metres; position: lying, free hand. Target will not fall. A grouping series of 3 rounds will precede the firing test.
Glock 17	10 shots in 25 seconds at a torso target at 25 metres; position: standing, 2-handed. A grouping series of 3 rounds will precede the firing test.

The scores of both participants will be totalled. The requirement for the team score is 16 hits.

If a team score of 11 to 15 hits is achieved, a penalty run of 2 km will take place during the march.

If a score of 10 hits or less is achieved, a penalty run of 4 km will take place during the march.

Note:

As of 2019, the general conditions for participation in the shooting test have changed:

Foreign participants must participate in a weapon familiarization program on Monday.

All participants must demonstrate sufficient control of the weapon prior to taking the firing test in order to safely complete the shooting test.

For the extra actions prior to the actual shooting of the firing test takes time, each team generically receives 10 minutes of waiting time. If, in the opinion of the chief shooting instructor, the participant is

insufficiently competent on the weapon with which he / she will take the shooting test, this shooter will be excluded from further participation and disqualified from the TMPT.

In case of superior power (force majeure), the TMPT-organisation has the right to modify the contents of the assignments.